

**LIVINGSTON COUNTY
DEPARTMENT ANNUAL REPORT SUMMARY**

REPORT FOR YEAR ENDING 2023

DEPARTMENT: LIVINGSTON COUNTY OFFICE FOR THE AGING

The Livingston County Office for the Aging initiates, conducts, coordinates, and advocates for programs and services to improve the wellness and overall quality of life of Livingston County residents 60 years of age and older, and their caregivers.

2023 PROGRAM SUMMARY/GOALS AND ACCOMPLISHMENTS

GOAL 1: To expand attendance and programming at the congregate meal sites. Prior to the pandemic, we served over 25,000 congregate meals annually. We closed the sites from March of 2020 through June 2021. For the 2022 year, we served 20,185 congregate meals. Through outreach, marketing and expansion of programming, our goal was to increase attendance by at least 10% for 2023.

Accomplishment: For 2023, we served 23,119 congregate meals, a 15% increase over 2022.

GOAL 2: To take advantage of opportunities to introduce new programming for older adults in Livingston County. For 2023, the Livingston County Office for the Aging planned to introduce two new programs:

Blooming Health – A communication platform that enables us to communicate with older adults quickly regarding upcoming programs and services, program reminders, surveys and announcements. This program is available to us at no charge through a pilot initiative of the New York State Office for the Aging and the Association on Aging in New York.

SAIL - Stay Active and Independent for Life is an evidence-based strength, balance and fitness class.

Accomplishments: We successfully launched Blooming Health in 2023, and over 500 older adults are participating. We offered SAIL twice in 2023 and a new group is starting in March 2024.

GOAL 3: To maximize personal care and respite service available to older adults and caregivers in Livingston County through directly employing a personal care aide, utilizing subcontracts with home health care agencies, promoting consumer directed care when appropriate, and supporting group respite programs, including the Home Away from Home Respite Program.

Accomplishments: For 2022, LCOFA provided older adults and caregivers with 4,549 hours of in-home personal care and respite; for 2023, 5,501 hours were provided, a 20% increase. Livingston County Office for the Aging was able to work with Noyes Community Outreach Services to sustain the Home Away from Home respite program. American City and County named the program a 2023 winner of its annual Crown Communities Award.



2023 Fall Prevention Event – 9/15/2023



(L) Joan Mitchell – Livingston County Older New Yorker Honoree 2023

(R) Group from Dansville Senior Nutrition Site enjoying a trip to the Maple Tree Inn

**LIVINGSTON COUNTY OFFICE FOR THE AGING
2023 SERVICE SUMMARY WITH 2022 COMPARISON**

Service Type	Total Units 2022	Total Units 2023
Case Management (hours)	2,195	2,361
Total Meals	65,927	71,658
Congregate Meals	20,185	23,119
Home Delivered Meals	45,742	48,539
Information and Assistance (calls)	4,048	3,929
In-Home Personal Care (hours)	4,549	5,501
Evidence - Based Health Promotion (participant sessions)	1,791	3,088
Legal Services (hours)	194	315
PERS Personal Emergency Response Systems (months of service)	4,581	4,496
Transportation (trips)	5,598	5,984



Sip and Paint Event at Wildbriar Site



Tai Chi in Al Lorenz Park