

Updates from HR: Other	Email summary from Katelyn included that HR plans to send more emails and calendar invites to employees so events are promoted. Also, biometric screenings will be available in May for both FT and PT employees with a \$100 incentive.	
Fitness Centers Updates	<p>Kim has created an inventory of equipment in all four centers and obtained two quotes for equipment maintenance. The quote from Fitness Machine Technicians in Fairport is more than twice the value of the other quote, so Kim will be pursuing a contract with this service provider.</p> <p>Two updated liability waivers for using the fitness centers are nearly finalized. One is for the sheriff's gym due to additional clearance and restrictions, and the other covers the other three fitness centers.</p> <p>There was a short discussion of the requirements and application process to use the sheriff's office gym as well as discussion about general cleanliness of county gyms.</p>	<i>Kim to continue pursuing contract for fitness center maintenance contract and upgrades</i>
Borrowable Resources	Kim reported on new borrowable resources, including a corn hole game and bingo set which departments can borrow for events.	
Upcoming Events	There was discussion of Al Lorenz Park Family Fest (5/20) and the 5K/1K (6/8). Dana reported that she will be out of town for the 5K and the committee may need an extra hand with food for the event.	<i>Contact Kim if you want to help plan 5K event</i>
BINGO Feedback	<p>The group had a lengthy discussion about the most recent winter edition of county SHAPE Bingo, which was generally very successful.</p> <p>Several suggestions included shortening it to two weeks instead of four, perhaps holding it quarterly, having some wellness activities be on specific days ("Stir-fry Friday" or "take a walk on Saturday"), having some wellness activities that participants can only cross off after multiple activities ("walk three times this week"), and adding a bonus prize for those who participated all weeks during a challenge.</p> <p>It was suggested for the next bingo survey to ask participants how they think they could be better supported by colleagues/supervisors.</p> <p>It was discussed and decided that those who registered after the deadline could still be eligible for prizes as long as they began playing for most of a week (ie not just starting on Friday).</p>	

	The group also discussed making registration easier. The Google form was fairly successful from the back end, and any latecomers could be added by emailing Kim. Having participants' email addresses and being able to enter their participation each week is the most important. The Google form for entering participation was successful and the honor system worked well, alleviating lots of scanning of completed boards. Knowing your department is helpful when emailing vs. printing boards for each week.	
BINGO: Get Moving Challenge	<p>May's "Get Moving Challenge" is the second bingo-adjacent activity for the year.</p> <p>There was much discussion - many thought that getting participants into Al Lorenz Park is important. There were many ideas about incentives, including having CNR residents paint stones with non-toxic paint and hiding the stones in the park for visitors to find. Geocaching, group hikes on the Finger Lakes Trail, and additional scavenger hunt ideas were also suggested.</p>	<i>Contact Kim if you want to help develop this challenge.</i>
SHAPE Budget	Brief discussion about budget lines, possibility of extra funds (\$1000-\$2000) in Materials line.	<i>Contact Kim if you have ideas about how the extra funds could be used.</i>
EAP Challenge in April	There was uncertainty if the confidential nature of EAP will be a good fit for offering a prize. Perhaps the EAP week will consist of heavy promotion of EAP instead, including highlighting specific offerings that may be popular.	<i>Kim to discuss with Katelyn/Kate?</i>
Ergonomics/workplace injuries	Dana reported that she can provide anonymous statistics on workplace injury claims to help inform awareness campaigns about ergonomics and health/safety.	<i>Dana to send to Kim?</i>
SHAPE Draft Workplan	The group was not able to thoroughly discuss the 2023 workplan in the allotted meeting time, so all SHAPE reps please send any feedback on the workplan, especially where you may be able to step up or offer information. Kim also requests any additional thoughts on how meetings might be run so that the committee can cover all necessary topics in a timely way.	<p><i>All reps: send Kim email feedback on draft workplan with attention to action items.</i></p> <p><i>All reps: Contact Kim with any ideas about how meeting structure could be altered in future.</i></p>