

Livingston County Medical Reserve Corps Newsletter

January 2023



The year 2022 is now in the rearview mirror. During the past year, MRC volunteers took part in 59 events which included: rabies vaccination clinics, distribution clinics, educational outreach, COVID booster clinics and meetings. These activities came to a total of 246.5 hours for the year.

On December 19th, we had our final MRC meeting for 2022. We got down to business reviewing what we did last year and looked forward to 2023. We were able to have a little fun as we were treated to lunch and a cookie exchange.

We may never know exactly what the new year will bring, but we will continue to train, prepare and be ready to assist in whatever capacity we are called upon for our community.



What Do You Know About Radon?

Radon is a naturally occurring radioactive gas released in rock, soil and water that can build up to dangerous levels inside any home; this means new and old homes, well sealed and drafty homes, and homes with or without a basement.

Radon gas is odorless and invisible and the only way to know if your home has a radon problem is to test for it.

Breathing radon can increase your risk of lung cancer. Radon is the number one cause of lung cancer among people who do not smoke. It is the second leading cause of lung cancer for people who do. EPA estimates that radon causes more than 20,000 deaths from lung cancer each year in the U.S. If you smoke and your home has a high radon level, your risk of lung cancer can increase even more.

Livingston County homeowners can call the Center for Environmental Health of the Livingston County Department of Health at 585-243-7280 for a free radon test kit.



Environmental Health Volunteer Opportunities

Did you know that the Livingston County Center for Environmental Health has opportunities for you to volunteer?

- Walk a dog at Dog Control.
- Help with our rabies clinics May through October.

If you would like more information about volunteering for Environmental Health, please contact June Webster at 585-243-7299.
