



Medical Reserve Corp (MRC) Volunteer Opportunities

Our Volunteers receive free training!

Volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. You are helping others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity.

The Livingston County Department of Health (LCDOH) has many opportunities for MRC volunteers (both medical and non-medical).

General Activities:

- Assembling and/or distributing outreach materials for community
- Distribute flyers in the community on services and/or public health topics
- Provide in person outreach on public health topics
- Assist with office support answering phones and filing.
- Provide support at clinics- registration and/or clinic flow

Emergency Preparedness:

- Drills or Real life events in emergent and non-emergent health related situations i.e. vaccination clinics
- Food or medical supply distributions
- Provide Blood Pressure Checks and First Aid at community events
- Assist with MRC volunteer recruitment

Hospice:

- Hospice volunteers are trained to relieve the primary caregivers, provide support allowing the family to take a break, and provide companionship to the patient/family

Environmental Health:

- Draw up vaccine for the veterinarians to administer at Rabies Clinics
- Walk dogs at Dog Control

